








Monday	Tuesday	Wednesday	Thursday	Friday
2 Tomato salad Spanish omelet Potatoes O'Brien Pears Pudding	3 Cucumber salad Lentil soup with rustic bread Mandarin oranges Cookie	4 Lunch brought to you by  \$4.00	5 Tossed green salad French dip on hoagie roll with au jus Sweet potato fries Seasonal fresh fruit	6 Tossed green salad Baked chicken thigh Scalloped potatoes Green beans Peaches 
9 Pickled beet salad Potato leek soup Egg salad sandwich on WW bread Apricots 	10 Tossed green salad Meatloaf with gravy Baked potato Green peas Fruit crisp	11 Lunch brought to you by  \$4.00	12 Coleslaw Salmon burger on WW bun with lettuce Baked beans Seasonal fresh fruit	13 Spinach salad Hearty beef stew Cornbread Seasonal fresh fruit
16 Tossed green salad Cheese pizza with vegetables Fruit cocktail Tapioca pudding	17 Marinated vegetable salad Baked fish almondine Rice pilaf Broccoli Applesauce	18 Surprise lunch at ECSC \$4.00	19 Taco salad with beef, cheese, and rancho beans on chips with salsa and sour cream Tropical mixed fruit Flan	20 Coleslaw Salisbury steak with gravy Baked potato Fresh greens Seasonal fresh fruit
23 Cucumber salad Split pea soup Grilled cheese sandwich Peaches	24 Pea and cheese salad Sloppy Joes on a ww bun Baked beans Seasonal fresh fruit	25 Lunch brought to you by  \$4.00	26 Orange juice French toast casserole Turkey sausage Fruit cup	27 Clam chowder Chicken Caesar salad Bread stick Seasonal fresh fruit
30 Beet salad Macaroni and cheese Green beans Fruit cup	31 Halloween Swamp grass salad Bloody Chicken fingers Vampire repelling garlic fries Bobbing apples Jack o' lantern bar 			

1% milk, roll or bread, and fortified margarine are available with all meals. All fresh produce is subject to availability. Substitutions may be made without notice. Suggested meal donation for eligible persons is \$3.00. For non-eligible persons, cost is \$6.00 per meal

